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# Practical Analysis of Integrating Ecological Civilization Construction into Ideological and Political Teaching in Colleges and Universities

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Abstract: In the curriculum system of colleges and universities, ideological and political courses are compulsory. This course aims to lead college students to understand the latest national policy guidelines and strategies and to help them establish a correct world outlook, outlook on life and values, and always strive to contribute to the cause of social justice construction. The construction of ecological civilization is a long-term construction task. This construction task is closely related to ideological and political education. This connection has gradually infiltrated the construction of ecological civilization in major universities' ideological and political classrooms. Based on this, this paper focuses on analyzing the strategy of integrating the construction of ecological civilization into teaching ideological and political courses in colleges and universities, which has to guide value for the actual teaching work.

Keywords: Political lessons, Ecological civilization, Teaching practice

# 1 The value of integrating the idea of ecological civilization construction into the teaching of ideological and political courses in colleges and universities

In recent years, the Ministry of Education has put forward higher and higher standards for teaching ideological and political courses in colleges and universities. To meet the requirements of the development of the times, teaching ideological and political courses in colleges and universities should not only focus on updating the content but also strengthen the innovation of methods and teaching. In the current educational environment, it is the general trend to integrate the construction of ecological civilization into teaching ideological and political courses in colleges and universities. Many colleges and universities are trying to integrate, but the integration effect is not ideal due to the limitations of inherent teaching concepts and methods. Many college students do not have ecological civilization—awareness of civilization construction. In the future teaching of ideological and political courses, based on the current situation, a series of improvements should be carried out to address the existing problems in integrating ecological civilization construction in teaching ideological and political courses.

#### 1.1 Broaden the mind education thought

Today, with the rapid progress of industrialization and urbanization, my country's ecological environment has been significantly damaged, and the deterioration of the ecological environment has caused a series of follow-up problems. It is just like this that ecological problems are attracting more and more attention. College students can obtain more life-related information and study in ideological and political classrooms. Acquiring this information provides them with more possibilities to understand and transform the world and maintains the modernization of education. Therefore, precisely because the ecological environment is closely related to people's lives, in the teaching of ideological and political courses, we should not only focus on the ideological level of

students.

It is also necessary to gradually infiltrate social development content, such as ecological civilization ideological information, food safety, etc. Every student is aware of environmental protection and can intuitively participate in environmental protection and nature protection in daily life<sup>[1]</sup>. The integration of ecological civilization construction in the teaching of ideological and political courses in colleges and universities can broaden the thinking of ideological and political education on the original basis so that students can pay attention to current social affairs and development issues in the classroom and the communication between teachers and students, students and students, Expand and discuss these issues.

### 1.2 Enrich ideological and political education materials

The construction of ecological civilization is essential in the current ideological and political courses. It can compensate for the lack of original textbook content and realize the extension of teaching content. The content taught in the class is more in line with the progressive trend of society. The new content is integrated into the classroom. It is used to mobilize students' interest in learning, enjoy the ideological and political classroom, obtain more knowledge from the classroom, and promote students' self-growth. College students can have a variety of ways of obtaining information, but ideological and political courses are essential. It is crucial to Keep up with the latest social development trends; this information transmission, exchange, and discussion gradually conveys the correct value orientation to students to receive the influence of ecological civilization construction ideas.

#### 1.3 Promoting the all-round development of students

The ideological and political courses colleges and universities offer promote students' better growth and convey positive values and ideas to students. As a new concept, constructing ecological civilization will help colleges and universities integrate it into ideological and political courses. The growth of students enables students to grow into qualified socialist successors under the influence of new ideas. Integrating ecological civilization construction can gradually cultivate students' ecological civilization literacy. The concept of ecological civilization construction was put forward when the ecological environment deteriorated sharply. Take targeted ecological restoration and construction measures, commit to the future development of human beings, protect resources and the environment, and build a situation where people and nature live in harmony. College students are the motherland's future and the nation's hope. Colleges and universities need to fully recognize the vital role of students in the future development of the country and society and train students as future talents so that every student can be aware of ecological civilization under the guidance of ideology and politics master the primary connotation and path of ecological civilization construction, and be able to actively participate in and cooperate with the construction of ecological civilization.

Secondly, integrating ecological civilization construction into ideological and political courses is also conducive to promoting students' moral education. Under the current conditions, in addition to imparting basic knowledge to students, ethical education should not be ignored so that students grow into high-quality socialist talents.

# 2 The problem of integrating the construction of ecological civilization into the teaching of ideological and political courses in colleges and universities

### 2.1 Exam-oriented traditional ideological and political teaching

In the curriculum system of colleges and universities, ideological and political courses occupy an essential position. Almost all colleges and universities know the importance of ideological and political courses to the growth of students, and they also attach great importance to ideological and political courses. However, judging from the current situation of teaching ideological and political courses, many colleges and universities still stay in the original mode of teaching evaluation of students, mainly through paper examinations. The degree of mastery and the test-oriented problem makes it difficult for ideological and political education in colleges and universities to achieve the desired results. In continuous social and economic development, ideological and political education will also change. Still, many teachers are unaware of this change in teaching ideological and political courses and often apply ecological concepts. The new concept of civilization construction lacks innovative thinking<sup>[2]</sup>. Suppose we want to better integrate the construction of ecological civilization into teaching ideological and political courses in colleges and universities, in addition to paying attention to the power of the school. In that case, we also need social support and family cooperation in the teaching process. However, the subject-teaching activities carried out by many colleges and universities rely solely on the teacher's teaching; the classroom atmosphere is dull, and the teaching method is single, so it is difficult to bring a good teaching experience to the students.

### 2.2 A practical teaching system has not been established

In the process of teaching ideological and political courses in colleges and universities, to improve the overall subject teaching level, teachers should not only pay attention to theoretical teaching but also carry out corresponding practical training in combination with theoretical content in the whole teaching process, to pass the theory and practice. By combining, students can have a deeper understanding of ecological civilization construction. However, in many colleges and universities, there are restrictions on teaching places and teaching activities. The vast majority of teaching work is still in theoretical teaching, with little or no organized practical training. Although they have mastered specific theories, due to lack of practice, some students have insufficient awareness of ecological environmental protection and lack responsibility. In addition, in some colleges and universities, although the construction of ecological civilization has been integrated

into teaching ideological and political courses, certain practical activities have also been organized. Still, there are obvious problems of formalism in the practical activities they organized. There are relatively few activities, most of them lectures, and students are unwilling to participate in these activities.

### 2.3 Improper Application of Teaching Methods

When integrating the construction of ecological civilization into the teaching of ideological and political courses in colleges and universities, to ensure the integration effect and improve the overall teaching quality, teachers should pay attention to the innovation of teaching methods in the actual teaching process and use brand-new teaching methods to enable students to Draw inferences about other cases from one instance in the study of knowledge. But obviously, many teachers do not have a deep understanding of the construction of ecological civilization. Even if they adopt new teaching methods when carrying out teaching activities, achieving the expected teaching goals is difficult, or some colleges and universities are not professional in ideological and political teaching. Teachers with low professional quality have not mastered the latest teaching concepts and methods. They cannot choose the most suitable teaching method according to the specific situation of the students in the class.

### 3 Causes of problems in the education of ecological civilization construction of college students

### 3.1 Lack of Cognition and Sense of Identity for the Construction of Ecological Civilization

The integration of ecological civilization construction in ideological and political courses in colleges and universities, to ensure the effect of integration and realize teaching reform, is necessary to give students a particular understanding and recognition of ecological civilization construction. Only on this premise can students follow the teacher's teaching train of thought and cooperate with teachers to complete teaching tasks. But obviously, many students in colleges and universities are lax in their thinking, pay more attention to their interests and pursue hedonism in the long-term growth and learning process, and do not fully realize the importance of ecological civilization construction to their future because they lack understanding the cognition and recognition of ecological civilization construction are unwilling to cooperate with the various integration teaching carried out by teachers.

### 3.2 Colleges and universities do not pay enough attention to the education of ecological civilization construction

In recent years, my country's economy and society have entered a new stage of development. Various colleges and universities' education and teaching policies have undergone significant changes in today's changing times. Every college hopes to achieve a higher employment rate. Pay attention to imparting practical technology to students. Therefore, under the influence of this

teaching policy, for many ordinary colleges and universities, their humanities courses are relatively few, especially the courses on ecological civilization construction, which are almost none or very few. The understanding of ecological civilization construction is generally obtained in ideological and political courses<sup>[3]</sup>. However, because colleges and universities do not pay enough attention to integrating ecological civilization construction into ideological and political courses, they are unwilling to increase investment in this area. In the actual teaching process, problems such as a lack of resources often exist.

### 3.3 Bad behaviors of ecological civilization seriously hinder the education of ecological civilization

With the advent of the Internet, college students are deeply influenced by the network environment during their growth and learning process. There is various information in the network environment. Some college students are not firm in their thinking and will. After the invasion of bad thoughts, there will be a change in thinking. Some destructive ecological civilization behaviors will appear, seriously interfering with the integration process of ecological civilization construction in colleges and universities ideological and political courses.

# 4 Ways to integrate the construction of ecological civilization into the teaching of ideological and political courses in colleges and universities

### 4.1 Fully implement the idea of ecological civilization in ideological and political teaching

To better promote the integration of ecological civilization construction into ideological and political courses in colleges and universities, college teachers need to implement the idea of ecological civilization throughout the year in teaching ideological and political courses. From the perspective of long-term social development, the idea of ecological civilization serves as an action guide to the construction of ecological civilization. Integrating it into ideological and political courses can provide theoretical support for constructing an ecological civilization for students. Based on its situation, each university should fully incorporate the idea of ecological civilization into all aspects of ideological and political teaching, use this idea to build a three-dimensional knowledge system of ecological civilization, and develop appropriate teaching materials. Add relevant content on the construction of ecological civilization. The original teaching content should be rearranged, appropriately simplified, and scientifically divided into primary and secondary<sup>[4]</sup>. The teaching work of teachers can be carried out following the following ideas: transmit the concept of harmonious coexistence between man and nature to students so that every student can realize that nature is the source of survival and the foundation of development, and human development is closely related to the natural environment. It is a community that strengthens the concept of mountains, rivers, forests, fields, lakes, and grasses, guides students to establish an overall view of ecological civilization, starts from the small things in daily life, and protects the ecological environment.

### 4.2 Innovative Ideological and Political Course Education Model

For any subject teaching, in the development of teaching activities, the teaching effect is often deeply affected by the teaching model and method. Therefore, when integrating the construction of ecological civilization into the ideological and political courses of colleges and universities, it is necessary to pay attention to the innovation of teaching models and methods. Provide college students with a good activity experience to enjoy the ideological and political classroom, receive knowledge from the classroom, and obtain information about the construction of ecological civilization to form an excellent ecological civilization literacy gradually. If teachers can apply new teaching methods, they can overcome the limitations of traditional teaching methods and mobilize students' learning enthusiasm and initiative through teaching innovation. The innovation of ideological and political teaching methods it can be carried out from the following aspects: completely breaking through the original ideological and political teaching restrictions, carrying out inquiry learning and group cooperative learning in the classroom, and creating a more relaxed and active classroom atmosphere so that students can more actively integrate into all teaching activities organized by teachers, respect students' subjective status, encourage each student to explore and think independently and understand the true meaning of ecological civilization construction during the process of teachers' explanation and independent exploration; The application of modern technology, for example, can apply multimedia and other tools to the classroom, and create a good situation for students through picture display or video playback in the school so that students can understand the connotation of knowledge in a unique teaching atmosphere. After class, they can also independently collect content related to constructing ecological civilization on the Internet, thereby expanding their knowledge of students. For example, teachers should increase the use of platforms such as WeChat and Weibo to teach ideological and political courses to establish ideological and political education—space to pass on the knowledge of ecological civilization construction to students.

### 4.3 Establish a practice-oriented teaching system

Ideological and political courses in colleges and universities should not be limited to theoretical teaching. Still, they should also pay attention to practical education and improve students' ideological level through combining theory and practice. For the ideological and political courses in colleges and universities, both the teaching objectives and the assessment methods should be practice-oriented so that in the process of gradually leaning towards practical teaching, the ideological and political courses in colleges and universities can change progressively from examoriented education to practical education. First, teachers must properly guide students in the teaching

process so that each student has the values of ecological civilization. When conditions permit, implement online education, share educational resources, and use pictures, videos, and other materials in teaching activities to mobilize students' interest and enthusiasm in learning so that students can more deeply realize the importance of ecological environment protection and ecological civilization construction. For example, regarding smog control, teachers can collect pictures of smoke lungs from the Internet to make students aware of the health hazards of smog, contribute to smog control, and publicize the advantages of new energy vehicles to parents. Secondly, in teaching many knowledge points in ideological and political courses, the knowledge of ecological civilization is actively infiltrated. For example, teachers can pay attention to current affairs and politics so that college students can fully understand the trend of global climate change and a series of possible future scenarios. Problems, grasp the types of pollution and carry out garbage classification under the national call. In imparting knowledge of ecological civilization to students, teachers should try their best to enhance the fun of knowledge imparting and drive students with fun, such as showing students the principles and process of solar photovoltaic power generation. Third, guide every college student to develop good habits of ecological civilization in daily life, not throw garbage or spit anywhere, and start from the little things in life, such as choosing low-carbon travel methods when traveling, reducing waste as much as possible when eating, and use cloth bags or biodegradable plastic bags when shopping.

### 4.4 Strengthen the in-depth mining of ecological civilization construction knowledge

# 4.4.1 Colleges and Universities Coordinate Teachers' Responsibilities to Serve the Construction of Ecological Civilization

In the teaching of ideological and political courses in colleges and universities, teachers play an important guiding role in teaching activities. To better promote the integration of ecological civilization construction, it is necessary to give full play to the part of teachers in teaching activities to ensure that teachers can make full use of their teaching activities. Professional qualities and skills. At this stage, the trend of ecological environment deterioration has not been effectively suppressed. In ecological civilization construction, teachers should lead students to understand the urgency of ecological civilization construction. Every ideological and political teacher needs to have a high sense of responsibility, carefully study the content and methods of ecological civilization construction, realize that it is his inescapable responsibility to integrate ecological civilization construction into ideological and political courses in colleges and universities, and pay attention to innovation in teaching. Secondly, colleges and universities should pay attention to the integration of ecological civilization construction in ideological and political courses from an ideological point of view, select teaching materials for students, try to choose teaching materials with a complete knowledge system, prominent key and difficult points, and clear organization, and formulate

teaching materials for students according to the arrangement of teaching materials. The corresponding teaching plan is a reasonable arrangement of teaching time. Third, every teacher needs to improve their professional quality and ability in the continuous teaching process and actively participate in relevant training or exchange activities carried out internally or externally by the school. Participating in these activities, mastering the latest educational concepts and methods, and teaching innovation.

# 4.4.2 Starting from the students themselves, improving the practical ability of college students to solve ecological problems

In integrating the construction of ecological civilization into ideological and political courses in colleges and universities, the role of students cannot be ignored. In the organization of daily ideological and political courses, colleges and universities should pay close attention to students' learning status and ideological trends based on the basic situation of students, serve students, Select the most suitable teaching materials and teaching system, and organize a variety of teaching practice activities in the classroom. In organizing various teaching activities, teachers must teach students the content and path of ecological civilization construction and provide targeted education. Proper guidance can trigger students' thinking so that they can discover and solve problems in the process of learning and thought and then establish the concept of ecological civilization in the exercise.

### **5 Conclusion**

The teaching of ideological and political courses in colleges and universities is facing huge challenges at present. The most important thing is to integrate the content of ecological civilization construction into the teaching process, to drive students to learn the relevant content of ecological civilization, establish the concept of ecological civilization, and actively participate in the national All the ecological civilization construction activities carried out will drive the sustainable development of our country.

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