

# 14.学术论文讨论与结论段的策略与创新表达

White Paper

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## 一、引言 | Introduction

【中文】讨论与结论段是学术论文的“思想承载区”，承接结果、解释意义、提出贡献与局限。高水平的讨论段能够提升论文的学术价值和可读性，而创新表达则能让审稿人快速识别论文核心贡献。常见问题包括：

结果重复叙述

过度推测或因果解释不当

创新点表述模糊

本白皮书提出系统策略，指导作者在讨论与结论段实现逻辑清晰、创新表达、审稿友好的写作。

【English】 The discussion and conclusion sections are the “intellectual core” of a manuscript, bridging results, interpretation, contributions, and limitations. High-quality discussion elevates scholarly value and readability, while innovative expression helps reviewers quickly identify the core contribution. Common issues include:

Repeating results

Over-speculation or incorrect causal inference

Vague statement of novelty

This white paper provides strategies for writing logically clear, innovatively expressed, and reviewer-friendly discussion and conclusion sections.

## 二、讨论段的功能与结构 | Functions and Structure of the Discussion Section

【中文】

解释结果：对照假设与研究问题

理论意义：联系前人研究，阐明贡献

方法学反思：解释潜在偏差或局限

实际应用：提出政策或实践启示

未来研究：指引后续探索

结构示例：

段1：总结主要发现

段2：对比前人研究

段3：解释意外结果

段4：方法学反思与局限

段5：应用价值与未来研究

**【English】**

Interpret results: relate to hypotheses and research questions

Theoretical implications: link to previous studies, highlight contribution

Methodological reflection: discuss potential bias or limitations

Practical implications: suggest policy or practice relevance

Future research: guide subsequent investigation

Structure example:

Paragraph 1: summarize key findings

Paragraph 2: compare with prior research

Paragraph 3: explain unexpected results

Paragraph 4: methodological reflection and limitations

Paragraph 5: practical implications and future research

### 三、讨论段写作原则 | Principles of Writing the Discussion Section

**【中文】**

逻辑连贯：结果 解释 意义

证据支持：避免空洞推测

对比分析：说明与前人一致或不同

创新点突出：明确研究新意

局限声明：诚实呈现方法或数据不足

**【English】**

Logical coherence: results    interpretation    implications

Evidence-based: avoid unsupported speculation

Comparative analysis: clarify alignment or deviation from prior studies

Highlight novelty: clearly state research contribution

Acknowledge limitations: honestly present methodological or data constraints

## 四、结论段的功能与写作策略 | Functions and Strategies for the Conclusion Section

### 【中文】

总结核心贡献：提炼论文最重要发现

强化创新价值：明确论文对学科或实践的增量

建议或启示：政策、实践或学术方向

呼应研究问题：与引言保持闭环

简明精炼：一般1-2段、总字数300-500字

### 【English】

Summarize core contribution: distill the most important findings

Emphasize novelty: clarify incremental value for field or practice

Provide recommendations/insights: policy, practice, or academic guidance

Close the research loop: echo research questions from introduction

Concise and precise: typically 1 – 2 paragraphs, 300 – 500 words

## 五、创新表达技巧 | Techniques for Innovative Expression

### 【中文】

关键词强化：在结论中重复使用“创新、发现、新方法、首次证明”

量化贡献：用数据或效果量说明论文影响

对比语句：强调研究差异或优势

适度展望：提出未来研究或应用的新方向

语言简洁有力：使用主动语态、动词清晰、避免模糊形容词

### 【English】

Keyword reinforcement: repeat terms like “novelty, finding, new method, first evidence”

Quantify contribution: use data or effect size to indicate impact

Comparative statements: emphasize difference or advantage

Moderate foresight: suggest new directions for future research or application

Concise, powerful language: active voice, clear verbs, avoid vague adjectives

## 六、 审稿心理与讨论策略 | Reviewer Psychology and Discussion Strategy

### 【中文】

审稿人关注论文贡献、创新性及局限

清晰、逻辑性强的讨论易获得积极评价

透明局限陈述增加可信度

数据和论证一致性降低质疑

### 【English】

Reviewers focus on contribution, novelty, and limitations

Clear, logically structured discussion receives positive evaluation

Transparent limitations enhance credibility

Consistency between data and argument reduces reviewer skepticism

## 七、 因果解释与过度推测的控制 | Control of Causal Interpretation and Over-Speculation

### 【中文】

避免因果结论超出数据支持

使用“关联”、“趋势”或“提示”表述

将假设与结果区分

用图表或统计指标明确解释范围

### 【English】

Avoid causal claims beyond data support

Use terms like “association,” “trend,” or “suggests”

Distinguish between hypotheses and observed results

Clarify scope with figures or statistical indicators

## 八、讨论与结论的图文结合 | Integrating Text with Figures/Tables in Discussion and Conclusion

### 【中文】

引用关键图表支持结论

使用摘要表格对比主要发现

文字解释图表趋势和意义

避免图表替代文字解读

### 【English】

Reference key figures/tables to support conclusions

Use summary tables to compare main findings

Text interprets trends and implications

Avoid letting figures replace textual explanation

## 九、跨学科与应用导向策略 | Cross-Disciplinary and Application-Oriented Strategies

翻译专业术语，便于不同领域读者理解

提供政策或实践建议

强调方法可迁移性

指出潜在的学术或社会影响

## 十、AI辅助写作的注意事项 | AI-Assisted Writing Caution

### 【中文】

AI可辅助文本润色、逻辑整理

必须人工核对创新点与数据一致

避免AI生成无依据的结论或未来展望

### 【English】

AI can assist in text polishing and logic organization

Human verification of novelty and data consistency is essential

Avoid AI-generated unsupported conclusions or speculative forecasts

## 十一、典型讨论与结论示例 | Example Discussion and Conclusion

### 中文示例

本研究显示Singing Bowl干预显著降低育儿压力（ $d=.45, p<.01$ ），结果与前人关于正念干预的研究一致，但首次量化了压力变化幅度。局限在于样本规模有限且仅覆盖城市家长。未来研究可扩大样本、探索不同文化背景下的效果。本研究提供了可操作的育儿压力干预方法，对心理健康实践具有直接应用价值。

### English Example

This study demonstrates that Singing Bowl intervention significantly reduces parental stress ( $d=.45, p<.01$ ), consistent with previous mindfulness studies, but quantifies the magnitude of change for the first time. Limitations include a small sample size and urban-only participants. Future research could expand the sample and explore effects across cultural contexts. This study provides a practical intervention for parental stress with direct applicability to mental health practice.

### 写作检查表 | Checklist

#### 讨论段解释主要结果并联系假设

The discussion section should interpret the main findings and relate them to the hypotheses.

#### 对比前人研究，突出差异与一致性

Compare with previous studies, highlighting both differences and consistencies.

#### 创新贡献明确

Clearly state the innovative contributions of the study.

#### 局限陈述诚实且清晰

State limitations honestly and clearly.

#### 结论段总结核心发现

The conclusion section should summarize the core findings.

#### 创新价值、应用价值突出

Emphasize both innovative value and practical implications.

#### 因果解释控制得当

Ensure that causal interpretations are appropriately controlled and justified.

图表与文字逻辑一致

Maintain logical consistency between figures and textual explanations.

跨学科读者可理解

Ensure accessibility and clarity for interdisciplinary readers.

AI辅助内容已校验

All AI-assisted content has been carefully verified.

## 十三、结论 | Conclusion

【中文】讨论与结论段是论文价值体现的关键。通过逻辑清晰、证据支持、创新突出和审稿友好的策略，作者可以让论文核心贡献明确、研究意义清晰、未来方向可持续，从而提高接受率和学术影响力。

【English】 The discussion and conclusion sections are pivotal to demonstrating a paper 's value. Through clear logic, evidence support, highlighted novelty, and reviewer-friendly strategies, authors can ensure that the core contribution is clear, research significance is explicit, and future directions are sustainable, thereby increasing acceptance and scholarly impact.

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